



Afternoon Tea at Goodwood House to reopen on 5th March

New for 2017 is the 'Macaroon of the Month'

Goodwood has tweaked its renowned Afternoon Tea for 2017 with a 'Macaroon of the month' that will follow the seasons. Some of the classic cakes and pastries on the menu will also be given a modern twist, reflecting the essence of Goodwood and ensuring there is always something new and exciting to try.

Head chef Mike Watts says: "We are proud of our heritage and traditions at Goodwood House, but part of the joy and wonder of Goodwood is that it is a historic Estate run in a way that embraces the modern world. We take a very similar view point when it comes to the creation of our Afternoon Tea. We endeavour to give an offering that rivals most luxury grand cafes and hotels using modern techniques and influences, but serving it in a way that is in keeping with the grandeur and luxury for which the ballroom is famed."

Opening on the 5th of March and available on open days at the House until late October, the Afternoon Tea at Goodwood is a real treat.

Enjoy an unbelievably delicious assortment of sandwiches, cakes and sweet pastries served in the magnificent ballroom at Goodwood House, surrounded by art from one of the country's finest collections.

Our tea is sourced from the very best suppliers: Choose from traditional Darjeeling from the foothills of the Himalayas, to Jasmine Pearl Green, a beautiful green tea which has been hand-rolled and engulfed in fresh jasmine flowers for a pure and delicate taste.

Tickets cost just £25 per person and include a tour of the State Apartments and Old House with one our knowledgeable Glorious Goodwood Guides.

Watts adds: "Be it the fabulous loose leaf teas or the luxurious and rich Dorset clotted cream or our own organic produce, only the best will do when it comes to our food philosophy at Goodwood."

Afternoon tea has been part of traditional English culture for almost 200 years. Anna, Duchess of Bedford and lifelong friend of Queen Victoria, suffered from 'hunger spells' between luncheon and dinner and decided to take some tea, usually Darjeeling, with cake and sandwiches. She soon began inviting friends to join her and before long it became a full-blown social event among the English aristocracy.

With the current renaissance in baking that that we are seeing both in the media and at home, it seems the ritual of Afternoon Tea has found its way back into people's hearts.

For more information or to book please call 01243 755055 or visit:

<https://www.goodwood.com/estate/goodwood-house/plan-your-visit/afternoon-tea>

ENDS

Notes to editors:

Afternoon tea is served from 1pm – 4.30pm on Open Days. Last entry at 4pm. £25 per person, including entry fee and tour.

Guided tours of the State Apartments usually commence at 1.15pm, 1.30pm 2.00pm, 2.45pm, 3.15pm and 4pm and they last approximately 1 hour 15 minutes. There are no public tours from 6th August to 30th October during the Summer exhibition when the rooms are stewarded instead.

Sample Afternoon Tea Menu

Cakes and Pastries

Goodwood House Scone with Clotted Cream and Strawberry Jam
Valrhona Milk Chocolate Éclair
Chocolate and Orange Tart
Lemon Posset with Goodwood Cream
Goodwood Florentine
Cappuccino Cupcake

Selection of the following Finger Sandwiches

Smoked Salmon and Cream Cheese on Granary
Goodwood Ham and Wholegrain Mustard on Onion Bread
Cucumber on White Bread
Goodwood Charlton Cheddar on Turmeric Bread

Goodwood House Leaf Tea Selection

Darjeeling: The finest Darjeeling from the foothills of the Himalayas with zesty bergamot citrus from sunny Southern Italy.

English Breakfast: Our signature blend is the ultimate British favourite. Three delicious teas: Assam, Ceylon, and a Lovely Rwandan blended to give a balanced, malty, zesty alliance.

Earl grey: A blend of powerful Assam and Rwandan with the more delicate Ceylon and Darjeeling to give the perfect strong tea base to compliment the zesty bergamot.

Mint rubbed green: Fresher and finer than any teabag mint you may have tasted as its brewed from whole peppermint leaves, giving a stronger and fresher flavour.

Rooibos: A nutrient rich blend of rooibos (Afrikaans for "red bush") and honey bush, two native South African shrubs. They grow only in the Cedarburg mountain region of South Africa.

Jasmine Pearl Green: The leaves of this beautiful green tea from Southern China are carefully hand rolled into a precious pearl then engulfed in fresh jasmine flowers. Leaving the tea to nestle amongst the flowers allows the natural floral scent to absorb into the tea, giving it a delicate, pure taste.

Dragonwell : Grown in the region of San Shai, in southern Taipei County, around 500m above sea level, Long Jing is hand-picked then pan fried, rolled and dried. The tea is not left to oxidise and hence has a natural smooth vegetal taste, and an aroma that is light with a hint of freshly cut grass.

About Goodwood House

The great Regency state apartments at Goodwood House were added to Brettingham's south wing from 1800 by the architect James Wyatt, together with the round towers. These wings and towers are in flint, an unusual material for a house of this size, which looks wonderful in the early morning or evening light, in the hoar frost or snow. The new large rooms were intended for entertaining and are used as such to this day. They house the earlier art collection, collected through the late 17th and 18th centuries, much of which had previously adorned Richmond House, the family's London home. This town house was destroyed by fire in 1791.

Goodwood House looks like three sides of an octagon, and it used to be thought that it was intended to build the complete figure, but this has never been proved. It is not known what the intentions were when this somewhat picturesque shape was devised, but the layout certainly works perfectly for a private family home combined with grand public apartments and far reaching views over the park.

The house has recently been refurbished by the Earl and Countess of March & Kinrara, giving it an up to date sense of the Regency, with strong colours and stylish drapes and fabrics.

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